



ST. LOUIS COUNTY



Public Health and Human Services

Cloquet High School:

Lezli Tuttle 218-725-5032

Denfeld High School:

Lezli Tuttle 218-725-5032

East High School:

Amy Potter 218-726-2229

Esko High School:

Lezli Tuttle 218-725-5032

Floodwood: Amy Potter 218-726-2229

Harbor City International School:

Megan McArthur 218-726-2198

Hermantown High School:

Megan McArthur 218-726-2198

MN Autism Center:

Megan McArthur 218-726-2198

Proctor High School:

Amy Potter 218-726-2229

South Ridge: Amy Potter 218-726-2229

Two Harbors High School:

Megan McArthur 218-726-2198

Wrenshall High School:

Amy Potter 218-726-2229

320 W 2nd Street Duluth, MN 55802

St. Louis County Rule 185 Case Management- Transition Age

Rule 185 case management is for persons with a developmental disability or a related condition and assists persons in gaining access to needed social, medical, educational, and other supports and services. The case manager works on behalf of the person to identify their unique needs and to minimize the impact of the disability on the person's life while assuring continuity of services and supports for the person. Transition case management focuses on age range roughly 16-24 years old.

How to get Rule 185 case management:

- Contact lead county transition social worker assigned to your school
- Contact MN Choices intake/Assessment unit and request a MN Choices assessment to determine eligibility for county programming 218-726-2366
- Supply supporting documentation for verification including but not limited to School Assessment or psychological evaluation (completed within the last year)

How can Rule 185 case management help individuals in school:

School support including but not limited to: advocacy with IEP planning and school supports, coordination with Vocational Rehabilitation Services (VRS), attend school meetings, planning for after graduation, referrals for services, guidance on guardianship/supportive decision making.

Other services that can be established under 18 through Rule 185 case management:

PCA services-personal care services for individuals on Medical Assistance

Family Support Grant (FSG)-cash grant to eligible families that have a child with disabilities under the age of 25 to help pay for supports/services needed

Community Support Grant(CSG)-state funded alternative way to access home care services

TEFRA-Medical Assistance (MA) eligibility for children with disabilities whose parents have too much income to qualify for MA or other Minnesota Health Care Programs or who qualify but the cost would be too high

Connection to other community resources (psychotherapy, speech therapy, OT/PT, assistive technology, Special Olympics, etc.)

Services that can be established for individuals over 18 through Rule 185 case management:

PCA services-personal care services for individuals on Medical Assistance

Semi Independent Living Skills(SILS)- training and assistance in managing money, preparing meals, shopping, hygiene and other activities needed to maintain and improve the capacity of an adult with a developmental disability to live in the community.

Waiver supports(CADI, DD)for any age for those who have needs above and beyond MA which could include but are not limited to:

In home family supports-skill building home and community based services
Supportive Living Services SLS(Foster care) –residential care for individuals with disabilities

Respite care - planned or emergency care provided to a child or adult with special needs in order to provide temporary relief to families who are caring for a child or an adult.

Home/environmental modifications- Physical adaptations to a person's primary home or primary vehicle to ensure his/her health and safety or enable him/her to function with greater independence.

Employment Supports-After completion of VRS services and high school, supports for job coaching and other various employment supports are available through waived services.